

Rental Assistance Partnerships

2025 IMPACTS

North Carolina Housing Finance Agency, alongside its partners, provides rental assistance to people with low incomes or disabilities.

The Targeting Program, a partnership between the Agency and the NC Department of Health and Human Services, sets aside at least **10%** of rental units developed with the Low-Income Housing Tax Credit for people living with disabilities.

The Transitions to Community Living Voucher (TCLV), through partnerships with the Department of Health and Human Services (NCDHHS) and mental health management organizations, provides rental assistance to help people with low incomes and certain disabilities transition out of congregate living facilities so they may live in communities of their choice.

3,420

households assisted with TCLV
in
86
counties.

2,520

households assisted with Key
Rental Assistance in
74
counties.

LONG-TERM RESULTS



Research shows rental assistance is an effective method to reduce homelessness and housing instability while increasing housing quality and affordability. These benefits are especially important during periods of economic instability.



Cost savings associated with rental assistance for low-income households accrue in public health care systems like Medicaid, saving taxpayer dollars. The state of Washington saved \$21.5 million in Medicaid over two years by transitioning residents out of institutional settings into the community.



Rental assistance programs are shown to reduce crowding and housing instability, improve the health and wellbeing of children and adults, and reduce health care costs.

Schapiro, R., et al. (2021). The Effects of Rental Assistance on Housing Stability, Quality, Autonomy, and Affordability. *Housing Policy Debate*. https://niihc.org/sites/default/files/Effects_of_Rental_Assistance.pdf

Benfer, E., et al. (2021). Eviction, Health Inequity, and the Spread of COVID-19: Housing Policy as a Primary Pandemic Mitigation Strategy. *Journal of Urban Health*. <https://link.springer.com/article/10.1007/s11524-020-00502-1>

Xing, J., Mancuso, D., Barbara, & Felver, E. (2017). Transitioning Residents from Nursing Homes to Community Living Impact of Washington State's Roads to Community Living (RCL) Demonstration on Medicaid Long-Term Services and Supports. *Washington State Department of Social and Health Services*. <https://www.dshs.wa.gov/sites/default/files/rda/reports/research-8-33.pdf>

Fischer, W., Rice, D., & Mazzara, A. (2019). Research Shows Rental Assistance Reduces Hardship and Provides Platform to Expand Opportunity for Low-Income Families. *Center on Budget and Policy Priorities*. <https://www.cbpp.org/research/housing/research-shows-rental-assistance-reduces-hardship-and-provides-platform-to-expand>